

Sloppy Joes

Ingredients

6 Tbsp. vegetable oil
6 onions, chopped
6 green peppers, chopped
6 lbs. ground beef
1 cup ketchup
1/3 cup Worcestershire sauce
3/4 cup brown sugar
2 tsp. salt
50 sandwich buns

Equipment Needed

Large frying pan or electric roaster

Directions

Heat oil in a large frying pan or roaster set over medium-high heat. Saute onions and green pepper for 5 minutes.

Add beef to the pan. Cook, stirring until browned, about 5 to 10 minutes. Drain off fat.

Stir in ketchup, Worcestershire sauce, sugar, and salt. Simmer over medium-low heat, stirring occasionally, for 10 minutes or until slightly thickened.

Serve on sandwich buns.